STATE OF CALIFORNIA - DEPARTMENT OF INDUSTRIAL RELATIONS

Division of Workers' Compens

Notice to Employees - Injuries Caused By Work

You may be entitled to workers' compensation benefits if you are injured or become ill because of your job. Workers' compensation covers most work-related physical or mental injuries or illnesses. An injury or illness can be caused by one event (such as injuring your back in a fall) or by repeated exposures (such as hurting your wrist from doing the same motion over and over).

Benefits. Workers' compensation benefits include:

- [illegible] medical expenses [illegible] bill. There are limits on chiropractic, physical therapy, and occupational [illegible]
- [illegible] years from the date of injury.
- **Permanent Disability (PD) Benefits:** [illegible] if you do not recover completely and your injury causes a permanent [illegible] mental function that a doctor can measure.
- **Supplemental Job Displacement Benefit:** A nontransferable voucher, if you are injured on or after 1/1/2004 [illegible] permanent disability, and your employer does not offer [illegible] or alternative work.
- [illegible]

Naming Your Own Doctor

[illegible] claims administrator [illegible] authorize the provision of all treatment, up to ten [illegible] treatment guidelines, for your alleged injury until the claim is accepted or rejected.

3. See Your Primary Treating Physician (PTP). [illegible]

[illegible] thousand dollars, consistent with the applicable [illegible]

[illegible] employer representative. Provide [illegible] your employer representative [illegible] your employer representative [illegible] your employer representative [illegible]

[illegible] Employer Identification number: [illegible]

[illegible] If you need help learning or [illegible]

[illegible] providing the information that your employer is required [illegible] at time of hire. If you have questions, see your employer or the claims administrator (who handles workers' compensation claims for your employer).

INTOCARE BUILDING [illegible] SERVICES Phone: [illegible]

Claims Administrator [illegible]

insurer _____ (Enter "self-insured" if appropriate)

Workers' compensation [illegible]

You can also get free information from a State Division of Workers' Compensation Information & Assistance Officer. The nearest Information & Assistance Officer can be found at location: _____